**Nourish-UNC Internship Opportunity**

Nourish-UNC is a student-led non-profit that engages in partnerships with community-based organizations around the world. By running small business ventures such as Hunger Lunch and Sprout in the local community during the academic year, Nourish earns revenue that is then used to fund grants to our partner organizations. Nourish further supports these projects by providing the organizations with student interns.

Nourish interns collaborate with partner organizations to further the organizations’ impact in their communities. Nourish-UNC helps initiate these partnerships and supports the interns in being an asset to the organization.

All personal costs—flights, housing, food—will be the responsibility of the project interns. However, many grant and scholarship opportunities exist that can help cover some or all of these expenses and Nourish will support interns in the process of finding and applying for grants by connecting them to available resources. Many past Nourish interns have successfully funded their entire costs through these grants.

Participation is open to all undergraduate and graduate students in the United States and abroad. Please email our Project Team Coordinator Sarah Wright (sarahjw@live.unc.edu) with any questions regarding the application process, the internship experience, or other concerns.

**How to Apply**

When the application is ready to be submitted, please email the application ONLY (not the entire packet), as well as your resume, to [nourishprojectapps@gmail.com](mailto:nourishapplications@gmail.com). The subject line of the email should contain the internship you are applying to and your full name.

*Example:* Intern Application, Sam Smith

Please save the application as LastName\_FirstName\_Application

**How Participants are Selected**

In an attempt to be more responsible towards our community partners and support students whose financial resources would ordinarily preclude them from interning abroad, Nourish-UNC has changed its application and selection model. Although slightly more complicated than in previous years, we believe this model best fulfills our commitment to social and economic justice given our limited resources.

1. Applications are open to all students enrolled in UNC or another higher ed institution; students will apply by completing the application to the best of their ability, with all relevant information. Students may choose to include a resume with their application when submitting to [nourishprojectapps@gmail.com](mailto:sarahjw@live.unc.edu).
2. Applications will be compiled and stripped of financial data by someone not involved in the selection process
3. Applications will be reviewed by a group of people responsible for selecting interns
4. Top applicants will be offered an interview
5. After the interviews are completed, applicants will be ranked based on their applications and interviews and a merit-based list will be compiled for each internship position
6. At this point financial information will be connected with each applicant
7. Top applicants who would not be able to complete the internship without receiving a $2000 grant will be contacted for a required secondary interview (For more information on the Nourish-UNC Summer Project Grant, please see below)
8. The three traditional applicants who are selected along with the one grant-dependent applicant who is selected will be notified of their selection, and given 3-5 days to accept the position
9. Selected applicants will meet with the Project Team Coordinator to go over the requirements for the intern, including mandatory team meetings, required reading/presentations, expectations of behavior while abroad, expectations for team participations (including team grant-writing for all participants), commitment to complete evaluations and reflections, and a binding commitment to Nourish, the partner organization, and the internship. The contract for the grant-dependent applicant will include a larger list of grants the applicant is required to apply for, as well as other revenue-generating means.
10. The team will be introduced to each other and to Nourish-UNC.
11. Nourish-UNC, and specifically the Project Team Coordinator will support the teams as they prepare for their internship by leading meetings, fostering critical thought and self-reflection, and serving as a contact person for any questions or concerns during the preparation process. Nourish-UNC will also support all applicants as they apply for grants or seek other methods of funding their experience.
12. Nourish interns will become best friends and live happily ever after!

**Nourish-UNC Summer Project Grant**

Top applicants who would not be able to complete a Nourish-UNC internship without receiving a $2000 grant are eligible for a second round of interviews to determine the recipient of this grant. The secondary interview will focus on the financials of the applicant as well as any clarifications on merit-based portions of the process.

After secondary interviews are completed, one applicant will be selected to get the Nourish grant assurance, meaning that if they do not receive other outside sources of funding such as grants, company support, etc. Nourish will provide them with an up to $2000 grant conditional on the fulfillment of their contract.

Because grants are not known at the time of the application, participants who cannot commit to funding the entire project without the aid of grants would not be able to be a part of the team (in case they were not awarded grants they had hoped to secure and thus were unable to go). The $2000 grant-assurance that Nourish is pioneering this year insures one participant. The participant is still expected and required to apply for several grants. However, this grant-assurance ensures that if the participant does not receive a grant, or receives less than $2000 in grants, they will still be able to carry out their commitment to the organization. Nourish will cover up to $2000 in trip expenses, allowing the participant to be able to commit to the internship and flights before being aware of what his/her financial resources will look like later in the year. Because of that, participants that apply and note grant-dependence will only be considered for the one grant-dependent position. This makes that position more competitive, and applicants less likely to be offered a position on the team due to the increased selectivity of the position. This grant is intended to open the door to students who otherwise would not have the opportunity to intern abroad this summer. We ask that you not apply for the grant-assurance if you are able to go abroad without it. Nourish is committed to supporting all interns in grant applications throughout the process, regardless. This is meant to be a tool to open the door for applicants rather than a source of funding.

**Commitment of a Nourish Intern**

Nourish internships provide the opportunity for students to shape their own experiences. Part of the internship includes working alongside the partner organization throughout the spring semester to further develop their project and arrange travel logistics. Specifically, Nourish interns commit to:

*Spring*

* Meeting and communicating regularly with your fellow interns and Nourish’s Project Team Coordinator (Sarah Wright)
* Attending Nourish’s intern orientation and participating in weekly training sessions (dates TBA) throughout the semester
* Working on team grant applications
* Attending Go!, a workshop put on by the University for all students engaging abroad over the summer
* Communicating with partner organization about your project
* Planning travel arrangements including booking flights, taking care of medical concerns, securing Visas (if necessary), etc.

*Summer*

* Carrying out the project in accordance with the Memorandum of Agreement and project goals
* Collaborating with your fellow interns to update the team blog weekly during your time onsite with photos and reflections about your experiences
* Completing internship evaluations according to the deadlines set by Nourish-UNC

*Early Fall*

* Communicating with Nourish-UNC for internship follow-up evaluation
* Sharing your experience with Nourish-UNC and the campus community at our projects celebration

**Anticipated Applicant Timeline**

* January 22 — Application Deadline
* Week of January 27 — Interviews for Interns Held
* By February 6 — Interns Notified of Decision

**Mountains of Hope Application**

**Basic Information**

**Name**:

**Graduating Year**:

**Major(s)/Field(s) of Study**:

**Minor(s)**:

**Email Address**:

**Phone Number**:

Do you have any availability conflicts during the summer (**May - August**)? If so, what and when?

What other opportunities have you applied for and when do you hear back from them? Nourish requires interns commit to the internship by **February 6th**, so if you are applying for something you would rather do, but you won’t hear back from them until the first week of February, we ask you not to apply.

Do you have any international experience? If so, please elaborate.

Do you have any proficiency (beginner, intermediate, proficient, fluent) in Swahili? If so, what experience do you have with the language(s)? *Note: Knowledge of Swahili is not a necessary qualification*

**General Questions**

Please limit each response to no more than 300 words.

1. Statement of Purpose: Why are you interested in this opportunity?

2. Nourish-UNC believes that development projects should be conducted with ample direction from the local community and that interns are there to serve the community’s wishes in a way that is responsive, respectful and empowering. Tell us some concrete ways you would incorporate this into your work as an intern.

3. Describe a time you felt out of your element when in a new environment. How did you respond?

4. You are working with a group of women on sewing sanitary pads. Some women are apprehensive about participating because discussing menstruation is not a common practice and is stigmatized in their communities. How would you approach this scenario?

5. You meet someone who doesn’t speak your language at all, and you have to explain to them that UNC is superior to Duke. How would you go about this?

**Skill-Based Questions**

*Disclaimer*: None of the answers to these questions will disqualify an applicant from the process of being selected for this opportunity. It is not necessary that you have skills in all three areas to be chosen for this internship. EACH INDEPENDENT SECTION is optional, but we request that you answer at least one set of questions below:

Sewing Questions

1. Please give us a background of your sewing experience, if any. How long have you been sewing and in what capacity?
2. Have you ever taught anyone how to sew (or perform another similar skill) before?

Computer Training Questions

1. Are you comfortable with basic computer skills like Microsoft Office? Do you have any experience teaching basic (or advanced) computer skills to another person or group of people?
2. Do you have any experience in web design, web development, search engine optimization, and/or social media training?
3. What do you anticipate being the key challenges of teaching computer and internet skills to people who are unfamiliar with technology in the capacity that you are?

Filmmaking Questions

1. Tell us about any experience you have with filmmaking. How did you develop the skills you have?
2. Please attach a sample of your work.

**Fun Questions**

1. Please construct a haiku or limerick about your [least] favorite artist.

2. If you could ask 3 yes or no questions and be told the truth, what questions would you ask?

3. Myers Briggs personality type? (You can take the test here if you haven’t taken it before: http://www.humanmetrics.com/cgi-win/jtypes2.asp)

*Attaching a resume is optional, but recommended.*

**Summer Project Grant**

Please see the section entitled “Nourish-UNC Summer Project Grant” for more information about our financial aid policy and “How Interns are Selected” for information about how this question will play into the intern selection process.

If you do not receive $2000 in funding from outside sources, will you still be able to participate as a Nourish intern? Please note, if you select “no” you will restrict your application to the grant-dependent process. This financial information will be stripped during the normal selection process and will only be used to determine the allocation of Nourish’s financial aid (Summer Project Grant) funds, as no more than one intern can receive this funding.

\_\_\_ No \_\_\_ Yes

Please email your completed application in word document or .pdf form to [nourishprojectapps@gmail.com](mailto:sarahjw@live.unc.edu). by 11:59 PM on January 22nd, 2016. Please title submissions as follows: LastName\_FirstName\_Application (and LastName\_FirstName\_Resume if you choose to submit a resume).